

## SADRŽAJ RIBOFLAVINA U EKSTRAKTIMA TRI *VERBASCUM* VRSTE

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Vitamini B kompleksa ispoljavaju brojne biološke aktivnosti na ljudskom telu, koži, kosi i noktima. Zbog toga bi njihov sadržaj u različitim biljnim ekstraktima mogao biti značajan za procenu zdravstvenih efekata ovih proizvoda (1). Vrste iz roda *Verbascum* su dobro poznate po svojim antiinflamatornim, antimikrobnim, antiseptičkim, sedativnim, diuretičkim, imunomodulatornim i antivirusnim aktivnostima (2). Cilj našeg rada bio je određivanje riboflavina u različitim ekstraktima tri vrste *Verbascum*. Cvetovi *Verbascum niveum* (VN), *Verbascum speciosum* (VS) i *Verbascum phlomoides* (VP) sakupljeni su u okolini Bosilegrada, a ekstrakti su pripremljeni perkolicijom sa dva različita rastvarača (etanol 50% i destilovana voda). Za detekciju i kvantifikaciju korišćena je HPLC metoda sa fluorescentnom detekcijom uz primenu eksternog standarda. Rezultati su prikazani u mg/g suvog ekstrakta. Prema našim rezultatima, riboflavin je detektovan u svim ispitivanim ekstraktima. Najveća količina nađena je u vodenom ekstraktu VS (1.25 mg/g), a najmanji sadržaj određen je u etanolnom ekstraktu VS (0.49 mg/g). Dok je kod biljne vrste VS voden ekstrakt bio bogatiji od etanolnog, kod biljnih vrsta VN i VP veći sadržaj je određen u etanolnim (0.90 mg/g i 0.84 mg/g) u odnosu na vodene ekstrakte (0.56 mg/g i 0.53 mg/g). Na osnovu naših rezultata, možemo zaključiti da su ove vrste bogate riboflavinom i da njegova količina varira u zavisnosti od biljne vrste i korišćenog ekstragensa.

### Literatura

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2. Dimitrova P, Georgiev M. I, Khan M. T. H, Ivanovska N. Evaluation of *Verbascum* species and harpagoside in models of acute and chronic inflammation. Cent. Eur. J. Biol. 2013; 8(2): 186-194.

### Zahvalnica

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## RIBOFLAVIN CONTENT IN EXTRACTS OF THREE *VERBASCUM* SPECIES

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B complex vitamins possess numerous biological activities on the human body, skin, hair and nails. That is why their content in different plant extracts could be important for the assessment of the health effects of these products (1). Species from the genus *Verbascum* are well known for their anti-inflammatory, antimicrobial, antiseptic, sedative, diuretic, immunomodulatory and antiviral activities (2). The aim of our work was to determine riboflavin in different extracts of three *Verbascum* species. The flowers of *Verbascum niveum* (VN), *Verbascum speciosum* (VS) and *Verbascum phlomoides* (VP) were collected in the vicinity of Bosilegrad, and the extracts were prepared by percolation with two different solvents (ethanol 50% and distilled water). HPLC method with fluorescence detection was employed for detection and quantification with the application of an external standard. The results are presented in mg/g of dry extract. According to our results, riboflavin was detected in all tested extracts. The highest amount was found in the water extract of VS (1.25 mg/g), and the lowest content was determined in the ethanol extract of VS (0.49 mg/g). While the aqueous extract was richer than ethanol in plant species VS, in plant species VN and VP a higher content was determined in ethanol (0.90 mg/g and 0.84 mg/g) compared to water extracts (0.56 mg/g and 0.53 mg/g). Based on our results, we can conclude that these species are rich in riboflavin and that its amount varies depending on the plant species and the solvent for extraction used.

### References

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