

**ULOGA ANGIOTENZINA II U SEPTIČNOM ŠOKU****Danijela Milenković<sup>1\*</sup>, Teodora Tubić<sup>1</sup>, Sanja Vicković<sup>1</sup>, Lazar Stošić<sup>2</sup>**<sup>1</sup> Medicinski fakultet Univerziteta u Novom Sadu<sup>2</sup> Medicinski fakultet Univerziteta u Nišu

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Sepsa predstavlja tešku organsku disfunkciju organa, uzrokovanu neadekvatnim odgovorom domaćina na infekciju. Najčešći uzrok sepse je bakterijska infekcija. Ako se ne leči na vreme, može dovesti do septičnog šoka, multiorganske disfunkcije organa i na kraju do smrti (1). Lečenje septičnog šoka često zahteva visoke doze kateholamina tokom dužeg vremenskog perioda. Prekomerna upotreba kateholamina povećava smrtnost bolesnika u jedinicama intenzivnog lečenja, može izazvati i brojne neželjene efekte, uključujući perifernu ishemiju, akutni infarkt miokarda, aritmije, povećanu potrošnju kiseonika i hiperglikemiju. Dodavanje drugog vazopresora sa drugačijim mehanizmom delovanja, obezbedilo bi održavanje odgovarajućeg srednjeg arterijskog pritiska i moglo bi smanjiti neželjene efekte kateholamina (2). Angiotenzin II je glavni proizvod sistema renin-angiotenzin-aldosteron, složenog hormonskog sistema koji ima značajnu ulogu u regulaciji krvnog pritiska. On ima snažan vazokonstriktorski efekat, sužava arterije i vene, što dovodi do povećanja krvnog pritiska, a indirektno deluje preko aldosterona. Studije pokazuju da bi primena angiotenzina II mogla biti korisna u septičnom šoku. Međutim, vrlo je malo studija koje su istraživale ulogu angiotenzina II, ne dajući ubedljive dokaze, zbog toga je njegova primena za sada ograničena. Rezultati studija ukazuju da je angiotenzin II efikasno povećava srednji arterijski pritisak, da je bezbedan vazopresor, pokazuje efekat poštede kateholamina, smanjuje doze norepinefrina, a samim tim i njihove potencijalne neželjene efekte (3). Neophodna su nova istraživanja koja bi dala odgovore na brojna pitanja vezana za primenu angiotenzina II, posebno za njegove optimalne doze, kao i neželjene efekte.

**Literatura**

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## THE ROLE OF ANGIOTENSIN II IN SEPTIC SHOCK

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Sepsis represents a severe organic organ dysfunction, caused by an inadequate response of the host to infection. The most common cause of sepsis is bacterial infection. If left untreated, it can progress to septic shock, multiorgan dysfunction, and ultimately, death (1). Treating septic shock often necessitates high doses of catecholamines over an extended period. Excessive catecholamine use increases mortality rates in intensive care units and can lead to various side effects, including peripheral ischemia, acute myocardial infarction, arrhythmias, heightened oxygen consumption, and hyperglycemia. Incorporating a vasopressor with a different mechanism can help maintain mean arterial pressure and reduce catecholamine side effects (2). Angiotensin II is the main product of the renin-angiotensin-aldosterone system, a complex hormonal system that plays a significant role in blood pressure regulation. It has a strong vasoconstrictor effect, narrows the arteries and veins, which leads to an increase in blood pressure, and acts indirectly through aldosterone. Studies show that angiotensin II administration may be beneficial in septic shock. However, there are very few studies that have investigated the role of angiotensin II, not providing convincing evidence, therefore its application is currently limited. The results of studies indicate that angiotensin II effectively increases mean arterial pressure, is a safe vasopressor, shows a catecholamine-sparing effect, reduces norepinephrine doses, and thus their potential side effects (3). New research is needed to address questions about angiotensin II, including its optimal dosing and side effects.

### References

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