

The basic principles of DNA damage detection by the alkaline comet assay

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Abstract

The Comet assay is a highly sensitive and rapid method for detecting DNA damage at the level of individual cells. It measures single-stranded and double-stranded DNA breaks, alkali-labile, incomplete excision repair and cross-linking sites. A major advantage of the Comet assay is its applicability to both proliferating and non-proliferating cells, and it can be performed on all types of eukaryotic cells. The basic principle of the alkaline Comet assay is to lyse the biological membranes to release proteins bound to the DNA, followed by a short-term electrophoresis at a pH above 13. Through this process, the DNA fragments migrate and form a comet-like shape, which is visualized by staining with a DNA-binding fluorescent dye. The extent of electrophoretic migration is proportional to the amount of DNA damage. Key advantages of the Comet assay include sensitivity - the assay can detect low levels of DNA damage, versatility – it can be used with a small amount of test substance, speed – results are usually available within 24 to 48 hours, and broad applicability – the method is suitable for numerous purposes, including molecular epidemiology, occupational exposure studies, environmental biomonitoring, antigenotoxicity assessments and clinical research. Overall, the Comet assay provides valuable data for a range of scientific and clinical fields, making it a versatile and powerful tool for assessing DNA damage.

Key words: DNA damage, comet assay, eukaryotic cells

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Introduction

Since DNA is a storehouse of genetic information, the integrity and stability of DNA molecules in all cells of an organism are fundamental to life. Every day, numerous lesions in the genome occur in every cell of an organism, caused by natural or artificial exogenous genotoxic agents, endogenously generated reactive oxygen species, or defective replication. Most of the DNA damage gets repaired, but even if it is not repaired, it does not necessarily lead to mutations. Mutations in genetic material can lead to various diseases, including cancer. Consequently, DNA damage could be considered a useful biomarker for its role in these processes. However, in the absence of compelling evidence, the individual risk of cancer depending on the extent of DNA damage is controversial (1, 2, 3).

“DNA damage” refers to a change in the chemical structure of DNA in the form of single and double strand breaks, removal of bases from the DNA backbone or chemically altered bases (4, 5). Various methods can be used to assess DNA damage or the effects on its repair, such as the Ames test (6), alkaline elution (7), chromosomal aberrations (8), sister chromatid exchanges (SCE) (9), the cytokinesis block micronucleus assay (CBMN) (10, 11, 12), and the γ -H2AX test (13, 14).

In addition, the Comet assay has become the most popular method for measuring DNA damage and repair in cells and tissues of eukaryotic organisms. It was introduced by Ostling and Johanson (15) and modified to an alkaline version by Singh et al. (16). The name “comet assay” is derived from the specific shape of the damaged cellular DNA after electrophoresis, which allows visualization of the fragmented DNA. It measures the relaxed supercoiling of damaged DNA loops, which expand under alkaline conditions in electrophoresis and form comet-like figures (17). The relative intensity of fluorescent migrated DNA indicates the degree of DNA breaks, including single- and double-strand breaks and alkali-labile sites (18). By modifying the comet assay method, other DNA lesions such as oxidation of DNA bases or DNA cross-links can also be measured (19, 20, 21). The oxidized pyrimidines and purines could be evaluated by incorporating enzyme digestion of DNA with the following enzymes: endonuclease III (EndoIII), formamidopyrimidine DNA glycosylase (Fpg) and human 8-oxoguanine DNA glycosylase 1 (hOGG1) (19, 22). In addition, a modified high-throughput comet assay was introduced to assess DNA methylation status in a human cell suspension to detect aberrant hypo- and hypermethylation. The use of specific restriction endonucleases (HpaII and MspI) enables the assessment of aberrant methylation, which is highly associated with carcinogenesis (23, 24, 25, 26). In addition, the comet FISH method is an extension of the comet assay by fluorescence *in situ* hybridization (FISH), which improves the detection of specifically labeled DNA sequences of interest. The position of a particular DNA sequence in fragmented or non-fragmented DNA can be important for the development of various human diseases (27, 28, 29).

The present review addresses strategies that utilize the comet assay *in vitro* and *in vivo*, as well as *in situ*, to provide reliable results for various studies.

In situ, in vivo, and in vitro comet test

The fundamental challenge of *in situ* biomonitoring is to establish a clear relationship between the analytical data, the exposure dose and the biomarker response. Biomarkers can be considered to be any substances, structures or processes that can be objectively quantified and evaluated as a possible indication of a normal or abnormal pathophysiological process or response to therapy (30, 31).

In environmental risk assessment, the evaluation of the genotoxic potential of different xenobiotics plays an important role in determining the impact of pollutants in ecosystems (32). In a well-designed *in situ* biomonitoring study, the level of DNA damage as a valuable biomarker of environmental contamination could allow the assessment of genotoxic effects on the species being studied. This biomarker can establish quantitative correlations between the causes and effects of genotoxicity at different levels of biological organization, from tissues and organs of a single organism to a population or an ecosystem (33, 34, 35, 36). The use of wild species in *in situ* environmental biomonitoring is challenging because exposure duration and concentration of genotoxic substances are uncontrolled, making it difficult to establish a clear relationship between analytical data, exposure dose and biomarker response (37). The Comet assay in human biomonitoring studies requires a small sample size to estimate the effects of hazard and risk assessment (17). Therefore, the Comet assay performed *in vivo* and *in vitro* could be used as part of the regulatory biomonitoring test strategy.

Furthermore, the *in vitro* comet assay has been used in different human and animal cell lines to determine the genotoxic effects of different xenobiotics. A small amount of the test substance is required for the *in vitro* Comet assay. If the result of the *in vitro* study is positive, the *in vivo* comet assay is recommended as an accompanying test strategy (38, 39, 40).

The *in vivo* comet assay is performed to determine DNA damage in cells isolated from different tissues that have been exposed to a genotoxic substance or several substances at a certain concentration and duration of exposure (41). The comet assay is a useful tool for evaluating the genotoxic properties of test substances in a given organ, as the assay can be performed on cells from any tissue, both proliferating and non-proliferating (42, 43). For the assessment of genotoxic hazard, the *in vivo* comet assay is the most important tool to evaluate the cellular responses that depend on *in vivo* ADME (absorption, distribution, metabolism and excretion). In addition, the *in vivo* ADME may differ depending on the species, tissue and form of DNA damage (44).

Overall, various guidelines for biomonitoring studies and *in vitro* and *in vivo* Comet assays in genotoxicology are the result of international working groups (45, 46, 47, 48) and OECD guidelines.

In general, the Comet assay has been used for the assessment of genome damage in humans and in various animal models worldwide, including invertebrate species, which are recognized as valuable models due to their number and importance in

ecosystems. Most invertebrate studies have been performed on planarians, cnidarians, molluscs, annelids, arthropods and/or echinoderms, using a variety of cell types such as hemolymph, gills, digestive glands and embryo cells. Moreover, vertebrates, including cyclostomata, fish, amphibians, reptiles, birds and mammals are models where the comet assay is also commonly used. The comet assay is performed on different cell types such as blood, liver, kidney, brain, gill, bone marrow and sperm cells. The most commonly used vertebrate models are laboratory animals such as mice, rats and zebrafish, which are suitable for *in vivo* studies (49, 50).

Cell lines from Chinese hamster ovary/lung cells (CHO/CHL, V79), human breast cancer cells (MCF7), human lymphoblasts (TK6), mouse lymphoma cells (L5178Y) or cultured human peripheral lymphocytes are frequently used for *in vitro* comet assay studies. Since the S9 fraction renders the cells metabolically competent, the *in vitro* tests should also include the comparison of the genotoxic effects of the tested substances with and without the S9 fraction. It should be noted that human lymphocytes, TK6 and HepG2, are metabolically competent and can be used for testing without external metabolic activation (43). In addition, the earliest life stage of the zebrafish (embryo) is considered as an *in vitro* test model for the evaluation of xenobiotics, supporting the idea of 3R (replace, reduce and refine) in animal testing (51).

The methodology of the alkaline Comet assay

When using the comet assay to evaluate a wide range of genotoxic physical, chemical and/or biological agents, both *in vitro* and *in vivo*, including *in situ* studies, a cell suspension (or nuclei) must be used. The interaction of genotoxic substances with DNA can cause DNA damage, which can lead to DNA breaks.

A small number of viable cells per sample from a desired source are suspended in a low melting point agarose (LMPA), applied to a slide previously coated with normal melting point agarose (NMPA), and allowed to solidify in the cold. The slides are then immersed in a cooled lysis solution. The lysis step (pH 10) in the comet assay protocol enables the removal of cell membranes, histone proteins and nucleosome disruption, so that the DNA loops pulled out during electrophoresis are no longer damaged. Otherwise, the introduction of a higher pH value (>13) in the lysis step leads to denaturation of the DNA (with disruption of the hydrogen bonds between the double-stranded DNA) and the appearance of alkali-labile sites as DNA breaks. The negatively charged DNA migrates to the anode and enables the differentiation of the DNA fragments in the electrophoresis field, which form a special “comet” with a head (intact DNA) and a tail (damaged DNA). The extent of electrophoretic migration is proportional to the extent of DNA damage – the more DNA in the comet tails, the more DNA damage. For each experimental condition, the procedure is performed in duplicate to obtain meaningful results.

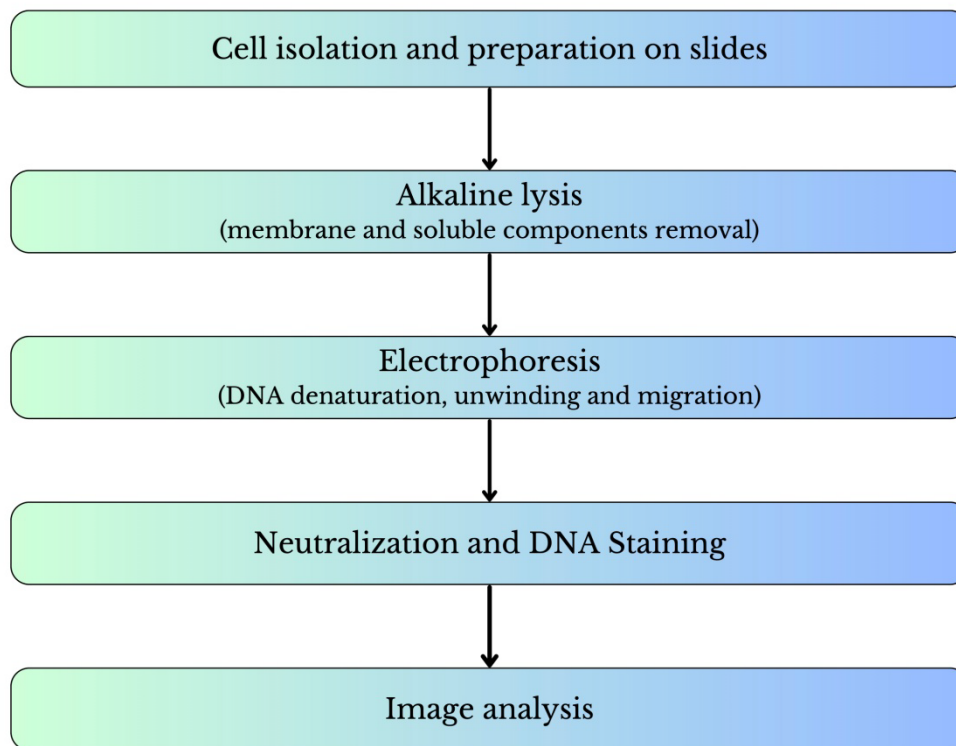


Figure 1. Scheme of the alkaline Comet assay procedure

Slika 1. Šema procedure alkalnog komet testa

Alkaline Comet assay step by step

1. Preparations for solutions and components for the Comet assay:
 - a. Normal melting point agarose: 1% NMPA.
 - b. Low melting point agarose: 0.5% - 1% LMPA.
 - c. Stock Lysing solution: 2.5 M NaCl, 100 mM disodium ethylenediaminetetraacetic acid (EDTA disodium salt), 10 mM Trizma base. The pH value is adjusted to 10 with NaOH and the solution is stored at room temperature.
 - d. Final lysing solution: stock Lysing solution, 1% Triton X-100, 10% dimethyl sulfoxide (DMSO). Refrigerated at 4°C for one hour before use.
 - e. Electrophoresis buffer: Stock solutions: 10 M NaOH, stored at 4°C; 200 mM EDTA, pH to 10 with NaOH pellets, also stored at 4°C.
 - f. Working electrophoresis buffer: 300 mM NaOH/1 mM EDTA from the stock solutions, mixed well and the final volume adjusted with chilled dH₂O.
 - g. Neutralization buffer: 0.4 M Tris base, pH 7.5 adjusted with concentrated HCl, stored at 4°C.

- h. Staining solution: 2 $\mu\text{g}/\text{mL}$ ethidium bromide (EtBr), stored at room temperature.
2. Slide stock preparation: Slides should be precoated with 1% NMPA and air dried a few days before performing the comet assay. If the slides need to be prepared one day before the experiments, the slides precoated with 1% NMPA should be dried faster at 37°C overnight.
3. Slide preparation: LMPA must be melted at 37°C. The desired cell suspension is mixed with LMPA at a final concentration of 0.5%-1% and placed on a previously coated slide. A coverslip is placed on top to spread the mixture of agarose and cells and form a thin layer. The slide is laid flat at 4°C until the agarose layer has solidified.
4. Lysis: The coverslip is removed from the slides and the slides are placed in fresh, cold final lysis solution for at least one hour to overnight, or in the refrigerator. Protection from light is required during this step.
5. DNA unwinding: The slides are transferred to a horizontal electrophoresis apparatus and left in freshly prepared and cold 1 \times electrophoresis buffer (pH > 13) for 20-30 minutes to unwind the DNA and allow the detection of alkali-labile damage.
6. Electrophoresis: The voltage (~ 0.74 V/cm) and the current of 300 mA are set by increasing or decreasing the buffer level. Electrophoresis duration is 20-40 minutes, depending on the extent of migration in control samples.
7. Neutralization: After electrophoresis is complete, the neutralization buffer (pH 7.5) is added and left for 5 minutes, two or more times.
8. Schedule for comets evaluation: After neutralization, the slides can be stained and the comets evaluated. In addition, the gel can be dehydrated in methanol and the slides can be stored so that the comets can be evaluated when needed.
9. Comets staining: The most commonly used DNA-specific fluorescent dyes are ethidium bromide (EtBr), propidium iodide, 4,6-diamide-ino-2-phenylindole (DAPI), SYBR Green and YOYO-1. For the most commonly used dye (EtBr), slides are stained with 2 $\mu\text{g}/\text{mL}$ for 15 minutes. The excess staining must be removed by washing with distilled water, after which the coverslip must be mounted.
10. Visualization of DNA damage: A fluorescent microscope with a final magnification of 400 \times is used to assess DNA damage. At least 50 random comets per slide are evaluated. DNA migration can be determined visually by categorizing the comets into different migration classes or by using image processing software for quantitative and qualitative analysis of DNA damage (olive tail moment (OTM), tail DNA (%) and tail length (TL)).

11. Statistical analyses: Parametric tests, such as Student's t-tests and ANOVA, as well as non-parametric alternatives, such as Mann-Whitney, Wilcoxon and Kruskal-Wallis tests, are suitable for data analysis (52). For the evaluation of dose-dependent effects, linear trends can be used to obtain higher statistical power (53).

Application of the Comet assay

A single cell suspension obtained from different tissues/organs is required for the application of the Comet assay. It is mainly used with human cells, but can also be used with yeasts (54, 55), plants (56, 57, 58) and animals (42, 59, 60, 61). Moreover, proliferating cells are not required for the application of the Comet assay, and non-proliferating cells are even preferred (62). Accordingly, the Comet assay has been used extensively for studies in different fields. This technique plays an important role in the field of genotoxicology and ecotoxicology, in the evaluation of environmental pollution and occupational exposure. The Comet assay is also used in human epidemiology and biomonitoring (63, 64). In addition, this method is used to investigate the antigenotoxic, antimutagenic and/or anticarcinogenic effects of different natural and artificial substances. Furthermore, this method is essential for the assessment of genome damage in human and animal models under different physiological and pathological conditions (49, 50, 65). The comet assay could be considered as a useful tool in the field of clinical medicine. For the clinical application of the comet assay, it is necessary to assess the extent of DNA damage and repair mechanisms in various diseases and conditions. Elevated levels of DNA damage have been found in a number of diseases such as cardiovascular diseases, neurodegenerative diseases (Alzheimer's and Parkinson's), diabetes, kidney diseases, chronic obstructive pulmonary diseases, multiple sclerosis and cancers (65-71). In terms of comet assay applications in drug testing, it has previously been used to test the genotoxicity of therapeutics such as Melphalan, Mechlorethamines (alkylating agents), doxorubicin (in breast cancer), and cisplatin (in colon cancer cell lines) (72), confirming its use as a valuable tool in pharmacology.

Conclusion

Considering the number of publications using the Comet assay method *in situ*, *in vivo* and *in vitro* in both animals and humans, as well as the worldwide interest in this method, it is clear that the Comet assay will be of great value in the future. Although the Comet assay is a long-established technique, there is a need to reduce inter-laboratory variability and mitigate the variation in the individual steps through the development of reproducible protocols. Therefore, the international network must continue to collaborate in the future to provide more reliable results and eliminate the differences in the common steps and interpretation of the Comet assay results.

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Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Author contributions

Conceptualization, Živković L, Topalović D; Data curation; Gunjić I, Marković M; Resources; Marković M; Supervision, Spremo-Potparević B; Validation, Đelić N; Visualization; Gunjić I; Roles/Writing - original draft, Živković L, Topalović D, Popović P; and Writing - review & editing, Đelić N, Spremo-Potparević B.

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Osnovni principi otkrivanja oštećenja DNK pomoću alkalnog komet testa

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Kratak sadržaj

Komet test je veoma osetljiva i brza metoda za otkrivanje oštećenja DNK na nivou pojedinačnih ćelija. Meri jednolančane i dvolančane DNK prekide, alkalno labilna mesta, mesta nepotpune ekscizione reparacije i mesta unakrsnog povezivanja. Značajna prednost komet testa je njegova primenljivost na proliferišuće i neproliferišuće ćelije, a može se primeniti na gotovo bilo kom tipu eukariotskih ćelija. Osnovni princip alkalnog komet testa uključuje ugradnju ćelija u agarozni gel praćen lizom ćelijskih membrana i uklanjanjem proteina kako bi se oslobodila ukupna DNK. Zatim se denaturišu DNK i podvrgavaju elektroforezi, nakon čega se vrši neutralizacija. Ćelije se boje različitim fluorescentnim bojama kako bi se obezbedila vizuelizacija i procena intenziteta nivoa DNK oštećenja korišćenjem fluorescentnog mikroskopa. Stepenn elektroforetske migracije DNK vizuelizovane u vidu repa komete je srazmeran količini oštećenja DNK. Ključne prednosti komet testa su osetljivost – test može da otkrije niske nivoe DNK oštećenja, raznovrsnost – može se koristiti sa malom količinom test supstance i na različitim tipovima eukariotskih ćelija, brzina – rezultati su obično dostupni u roku od 24 do 48 sati i široka primenljivost – metoda je pogodna za više namena, uključujući molekularnu epidemiologiju, studije profesionalne izloženosti, biomonitoring životne sredine, procene antigenotoksičnosti i klinička istraživanja. Sve u svemu, komet test pruža vredne podatke u širokom spektru naučnih i kliničkih oblasti, što ga čini moćnim alatom za procenu DNK oštećenja.

Ključne reči: DNK oštećenja, komet test, eukariotske ćelije
