EVALUATION OF SERUM NESTIN AND HOTAIR RS12826786 C>T POLYMORPHISM AS SCREENING TOOLS FOR BREAST CANCER IN EGYPTIAN WOMEN

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Summary

Background: Nestin is a neural stem cell protein that plays an important role in cancer stem cells (CSC) development and proliferation. It has been identified as a marker for newly formed endothelial cells and was shown to be preferentially expressed in basal and myoepithelial cells of the mammary gland. HOTAIR is long intergenic non-coding (linRNA) associated with tumorigenesis through promotion of epithelial-mesenchymal transition (EMT) and stemness as well. HOTAIR gene contains a functioning single nucleotide polymorphic site rs12826786 C>T that has been associated with several cancer types.

Methods: We evaluated serum Nestin and the HOTAIR rs12826786 C>T polymorphism in healthy Egyptian women and those with breast cancer as a possible screening tool to identify patients with breast cancer. Also, we tested the possible association of the two markers with each other and the aggressiveness of the disease.

Results: Patients with breast cancer had a median (Min-Max) of serum Nestin 31.3 (6.7–167.3 pg/mL), while control subjects had a median (Min-Max) of serum Nestin 42.3 (25.7–315.95) pg/mL. The best cut-off value for serum Nestin to differentiate normal subjects and patients with breast cancer was 39.9 pg/mL. This cut-off value had a diagnostic sensitivity of 84.8% and specificity of 65.1%. There was a significant difference in the distribution of dif-

Kratak sadržaj

Uvod: Nestin je protein neuronskih matičnih čelija koji ima važnu ulogu u razvoju i proliferaciji matičnih čelija raka (CSC). Identifikovan je kao marker za novoformirane endotelne čelije, a pokazalo se da je preferencijalno izražen u bazalnim i mioepitelnim čelijama mlečne žlede. HOTAIR je dugo intergensko nekodirano (linRNA) povezano sa genozom tumora kroz promociju epitelno-mezenhimske tranzicije (EMT) kao i karakteristikama matičnih čelija. HOTAIR gen ima jedno funkcionalno nukleotidno polimorfno mesto rs12826786 C>T koje je povezano sa nekoliko tipova raka.

Metode: Izvršena je evaluacija serumskog Nestina i HOTAIR rs12826786 C>T polimorfizma kod zdravih žena u Egiptu, kao i onih sa karcinomom dojke, kao mogućeg skrining alata za identifikaciju pacijenata sa karcinomom dojke. Takođe, testirali smo moguću povezanost između ova dva markera i agresivnosti bolesti.

Rezultati: Pacijentkinje sa karcinomom dojke su imale srednju vrednost (Min-Maks) seruma Nestina 31,3 (6,7–167,3 pg/mL), dok su kontrolne ispitanice imale srednju vrednost (Min-Maks) seruma Nestina 42,3 (25,7–315,95) pg/mL. Najbolja granična vrednost Nestina u serumu koja je ukazivala na razliku između zdravih ispitanica i pacijentkinja sa karcinomom dojke bila je 39,9 pg/mL. Ova granična vrednost imala je dijagnostičku osetljivost od...
different alleles in patients with breast cancer than normal subjects (P=0.039 Exact Fisher test). The breast cancer patients group had 23.9% CC, 52.1% CT, and 23.9% TT genotypes, respectively, while the control group had 46.9% CC, 42.8% CT, and 10.2% TT, respectively.

**Conclusions:** A significantly low serum Nestin below 39.9 pg/mL and a higher percentage of the T/T homozygous variant allele of HOTAIR rs12826786 C>T were found in Egyptian patients with breast cancer. We suggest that the reported cut-off value of serum Nestin and the presence of C/T polymorphism can be used to assess the risk of females for developing breast cancer and might be of potential benefit in screening the disease. Larger studies in different ethnic groups are needed to confirm our findings.

**Introduction**

Breast cancer remains the second most diagnosed cancer after lung cancer worldwide, with an incidence of 11.6% of all cancers. It accounts for 6.6% of all cancer-related deaths (5th among all cancer types), according to GLOBOCAN 2018 (1). Epidemiological studies show that the incidence of breast cancer is even increasing in developing countries (2). Early diagnosis and detection, markedly improves survival in affected subjects. The new treatment modalities can achieve nearly 100% five years of survival (3). Most societies advocate screening for breast cancer starting around the age of 40 (4). The recommended screening modality for breast cancer is mammography (digital or film) (5). Screening for breast cancer using mammography can detect breast cancer and save many lives; however, it has its downsides. First, the sensitivity for the detection of breast lesions is affected by breast tissue density, being less sensitive in cases where the breast tissue is denser (6). Second, the sensitivity of mammography to breast lesions increases with the increase of the age of patients. In other words, mammography is not very sensitive at young age (7). Furthermore, radiation exposure, although the dose of radiation is small but repeated, may pose high risk, questioning the reasoning of screening of females at young age using mammography (8). Moreover, expensive radiology equipment is needed, and expert interpretation of x-ray films is required, adding more to the need of early safe markers to screen and evaluate the risk for developing the disease in younger female population.

Currently, CA15.3 is the widely used breast tumor marker; however, it is not recommended for screening purposes. It is only used for follow up and prognosis in already diagnosed patients (9). Thus the presence of biochemical markers that can be checked by a single blood test seems to be an attractive idea for breast cancer screening and early detection.

Nestin is a neural stem cell protein that plays an important role in cancer stem cells (CSC) development and multiplication (10). It has been identified as a marker for newly formed endothelial cells and was shown to be preferentially expressed in basal and myoepithelial cells of the mammary gland (11). Cancer stem cells were identified in different types of cancers, including breast cancer (12). They are capable of self-generation and proliferation. Cancer stem cells play a pivotal role in tumor differentiation, progression, tumor angiogenesis, and tumor cell migration and invasion (12).

Several studies suggested that Nestin expression is directly proportional to the activity and properties of cancer stem cells in different tumors with high expression, correlating to poor prognosis (13).

A recent study based on Western patients has shown that Nestin is preferentially expressed in basal-like breast carcinomas, predominantly expressed in triple-negative breast cancers, and suggested the use of Nestin as a marker for triple-negative breast cancer (14). A recent meta-analysis concluded that Nestin positivity and expression was associated with shorter overall survival (13).

Furthermore, a recent study found a positive correlation between Nestin mRNA and Nestin protein expression in germline BRCA1 related breast cancer, a basal-like phenotype, with reduced survival, and stemness characteristics (14). The marker expression was reported in endothelial cells of breast as well (15).

So far, Nestin has been evaluated in breast cancer patients only on a tissue level using an immunohistochemistry technique for diagnostic and prognostication purposes. Up to our knowledge so far, no study has evaluated serum Nestin in patients with different stages of breast cancer compared to healthy control women.

On the other hand, the role of genetics in the development of cancer has been widely acknowledged with several genes mutations, which are now well known predisposing factors for the development of different types of cancer (e.g., BRCA and breast-ovarian cancer) (16, 17). Several genetic loci have also been found to correlate with the susceptibility to cancer (18, 19).
Long non-coding RNA sequences had been identified as RNA sequences that are longer than 200 bases (20). Several of these long non-coding RNA (lncRNA) sequences participate in the control of different cellular processes. Disturbance in the regulation of any of these processes (e.g., cell cycle, proliferation, expression of different proteins) may increase the susceptibility to different types of cancers (21).

Hox transcript antisense intergenic RNA (HOTAIR) is a long intergenic non-coding RNA spanning more than 2 kb with 6 exons. Its gene is located on chromosome 12 between HOXC11 and HOXC12 genes (22). The RNA is transcribed from the antisense DNA strand, and it exerts its function in trans. HOTAIR mediates methylation of H3K27 and demethylation of H3K4 through recruiting and binding to polycomb repressive complex 2 (PRC2) and Lysine-specific histone demethylase 1 (LSD1) leading to dynamic changes in histones and subsequent target gene silencing (23).

Alves et al. (24) highlighted in their study the role of HOTAIR in epithelial-mesenchymal transition (EMT) and promotion of stemness in colon and breast cancer cell lines, they reported a loss of EMT in those cell lines upon ablation of expression of HOTAIR through siRNA. They also reported a higher level of HOTAIR expression, particularly in colon cancer stem cells (CSC) than other non-stem cell subpopulations (24), a similar finding that was also reported in oral carcinoma by Lu et al. (25).

Different studies illustrated the association between HOTAIR SNPs and the genetic susceptibility to various cancers such as ovarian, GIT, and breast cancer (26–28).

The effect of HOTAIR rs12826786 polymorphism on HOTAIR expression was examined by Guo et al. (27) study who found a higher expression of lincRNAs HOTAIR in gastric cardia adenocarcinoma tissue carrying TT genotype of HOTAIR rs12826786 than in tissues carrying CC wild type.

The current study aimed to evaluate serum Nestin as well as HOTAIR rs12826786 C>T polymorphism in Egyptian women. The study also aimed at evaluating the possibility of using Nestin and HOTAIR gene rs12826786 polymorphism as possible screening tools to identify patients with breast cancer.

Material and Methods

This case-control study included 46 patients with pathologically proven invasive breast cancer who presented to the Surgery, Cancer Management and Research and Radiodiagnosis Departments, Medical Research Institute, Alexandria University, Alexandria, Egypt, during February, March, and April 2019. Subjects who had any history of ischemic heart disease, liver, or kidney disease and those who were taking antibiotics, on any kind of immunosuppressive medications or had any other form of primary cancer than the breast were excluded.

Besides, 49 age-matched normal healthy individuals were included in the study as a control group. All patients and controls were living in the same geographic area of Northern Egypt (Alexandria); all of them had the same lifestyle (none of them was a heavy smoker nor had excessive alcohol consumption).

All subjects gave informed consent before the study began, and the study was approved by the Medical Research Institute, Alexandria university Ethical committee, and according to the Helsinki declaration. All patients and controls had a full clinical examination, including history taking.

The control group comprised 49 women with negative screening mammography. Their age (Mean ±SD) was 43±3.64 years. The patient group comprised 46 breast cancer women Aged (Mean ±SD) 50.64±9.52 years.

Patients were subjected to preoperative evaluation, including history taking, clinical examination to detect the site of the tumour, and the presence of enlarged lymph nodes and metastatic workup.

Mammography was performed for enrolled females using a General Medical Italia (GMI) LAMBDA series (15LAM11) analogue mammography unit with the following features: high-frequency x-ray generator, 20-35 kV-50kHz ripple with auto kV option, mAs range of 1-640, potter Bucky 24x30.

The routine mammographic views are obtained for each breast, mediolateral oblique (MLO) and craniocaudal (CC) views. Each mammographic study was interpreted by a radiologist with 15 years of experience.

Patients that showed suspicious mammographic findings i.e. masses, asymmetry or calcifications were recalled for ultrasound and then subjected to ultrasound guided core biopsy.

The diagnosis of invasive breast cancer was made by a core-needle biopsy of the breast tumour. The staging was defined by the eighth edition of the Cancer Staging Manual of the American Joint Committee on Cancer (29). Breast core biopsies were histopathologically examined. Immunohistochemical analysis (estrogen receptor (ER) progesterone receptor (PR)-Epidermal growth factor receptor 2 (HER2)) of the tumour tissue on core biopsies and lumpectomy/mastectomy specimens was done.

Formalin-fixed paraffin-embedded breast biopsies were examined microscopically, using standard light microscopic evaluation of sections stained with Hematoxylin and Eosin in each case and classified.
according to WHO classification of breast tumor 4th edition (30). Grading was done according to the Nottingham modification of the Bloom-Richardson system (31). Immunohistochemical examination of tissue sections was done for HER2 and scoring is according to American Society of Clinical Oncology/College of American Pathologists Clinical Practice Guideline Update 2013 (32) and also done to evaluate PR/ER according to American Society of Clinical Oncology/College of American Pathologists 2010 guidelines (33). Breast cancer cases were classified into the intrinsic molecular subtypes; Luminal A/B- HER2 over-expression and basal-like (triple-negative) (34). Clinico-pathological data of patients was as follows; stage I: 5 (10.9%), stage II:13 (28.2%), stage III: 12 (26.1%), stage IV: 16 (34.8%). 16 (34.8%) cases were metastatic while 30 (65.2%) cases were non metastatic. All cases had invasive carcinoma of no special type (NST). 41 (89.1%) cases were grade 2, while grade 3 cases were 5 (10.9%). Tumor size >/= 5 cm were 33 (71.7%), while tumors < 5 cm were 13 (28.3%). Nodal positivity was present in 31 (67.4%) cases, while 15 (32.6%) cases had negative nodes involvement. 37 (80.4%) cases were Luminal A/B, 4 (8.7%) were HER2 over-expressing and 5 (10.9%) were triple negative. Cases with BI-RADs 3 were 1 case (2.2%), BI-RADs 4 over-expressing and 5 (10.9%) were triple negative. (80.4%) cases were Luminal A/B, 4 (8.7%) were HER2 over-expressing and 5 (10.9%) were triple negative. (80.4%) cases were Luminal A/B, 4 (8.7%) were HER2 over-expressing and 5 (10.9%) were triple negative.

The restriction enzyme BglII (Thermoﬁsher, USA) was used to distinguish the wild allele (C) 226 bp from the variant allele (T) 166 and 60 bp. The gain of a BglII restriction site occurs in the variant allele. The wild genotype has a single band representing the entire 226-bp fragment, and the heterozygous genotype results in three fragments of 226, 166, and 60 bp, while the homozygous variant allele results in 2 fragments 166 and 60 bp. Finally, the products of the BglII digestion were electrophoresed on 2% agarose gel, and the final products were visualized using ethidium bromide staining under UV light.

To ensure quality control, genotyping was performed blindly to case/control status, and negative samples (nuclease-free water) were amplified with each run to detect contamination.

Statistical analysis

Statistical analysis of the data analysis was carried out using the Kruskal-Wallis test. Prevalence of alleles and genotype among cases and control subjects were counted and compared with Hardy-Weinberg predictions. Chi-square test (χ², Fisher’s exact test) was used to test the distribution of the different genotypes in the different groups. For correlation studies, the Pearson correlation test was used. A P-value of < 0.05 was considered statistically significant. For the choice of the optimal cut-off, receiver operating characteristic (ROC) curves were constructed, and the Youden index was calculated (35). The Youden index is deﬁned as follows: (sensitivity + specificity – 1).
specificity) -1. The best cut-off value has the highest Youden index. The commercial statistical software package used was SPSS 18.0 (SPSS, Inc, Chicago, IL, USA).

**Results**

There was no significant difference between the studied group in serum, ALT, serum Creatinine, or general biochemistry results (P>0.05), data were not shown.

Serum Nestin followed a non-Gaussian distribution and was presented as median (range). Serum Nestin was significantly lower in patients with breast cancer compared to normal controls (P=0.032).

*Figure 1* shows the distribution of serum Nestin patients with breast cancers and the control group. There was a significant difference between patients and controls. Serum Nestin ranged between 6.7 and 167.3 pg/mL with a median value of 31.3 in patients with breast cancer compared to a median of 42.3 and a minimum of 25.7 and a maximum of 315.95 pg/mL in normal control women.

Nestin was found to be in our study lower in bi-rads 5 than 4 (almost all cases are bi-rads 4 or 5 except 2 cases only were 3 and 6), with nestin value medians 28.9 and 33.7 pg/mL, respectively. Nestin was also lower in patients with large tumor size at presentation (>= 5 cm) than small tumor size (tumor size taken at largest diameter); median 27, 31.6 pg/mL, respectively. Yet those findings did not reach statistical significance. There was no significant difference in serum Nestin between LN negative or LN positive patients as well. Similarly, serum Nestin did not show significant differences between patients with or without distant metastasis (data not shown). No association was observed between serum Nestin and molecular intrinsic subtypes, or tumor staging. Nestin was found to be slightly higher in patients with grade 3 (median of 37.5 pg/mL) than patients with grade 2 (median of 31.3 pg/mL). However, no statistical difference was detected, given the small number of patients with grade 3 (5 cases only).

The discriminating power of Nestin in discriminating normal from patients affected with breast cancer was tested by plotting a ROC curve. *Figure 2* illustrates a ROC curve of serum Nestin. The area under the curve (AUC) for serum Nestin was 0.812 (P-value = 0.000 and 95% confidence interval [CI] was 0.723–0.901). Using the Youden index, the best cut-off value for serum Nestin to differentiate normal subjects and patients with breast cancer was 39.9 pg/mL. This cut-off value had a diagnostic sensitivity of 84.8% and specificity of 65.1%.

Healthy controls genotypes for HOTAIR gene SNP rs12826786 were distributed in accordance with Hardy-Weinberg equilibrium with x² = 0.32 and P value = 0.57. The minor allele (T) frequency was 0.35.
Figure 2 Receiver-operating characteristic (ROC) curves for serum Nestin.

ROC curves were constructed by plotting the sensitivity versus 1-specificity at different cut-off values for serum Nestin. The number of cases included in the study was 46 patients with breast cancer and 49 control subjects. The area under the curve (AUC) for serum Nestin was 0.812 (P-value = 0.000 and 95% confidence interval [CI] was (0.723–0.901).

Figure 3 Different rs12826786 C>T HOTAIR genotypes.

2% agarose gel electrophoresis showing the different genotypes of the HOTAIR rs12826786 C>T SNP. DNA samples were amplified using PCR and digested with FastDigest BglII restriction enzyme. The presence of C to T polymorphism creates a FastDigest BglII restriction site.

50 base pairs (Bp) ladder marker
Lane 1, 2, 7 – Heterozygous genotype (C/T)
Lanes 3, 4, 5 – Wild genotype (C/C)
Lane 6 – Homozygous genotype (T/T)
Table I Frequency of the HOTAIR genotypes in control subjects and patients with breast cancer.

<table>
<thead>
<tr>
<th>HOTAIR Genotypes</th>
<th>Group</th>
<th>C/C</th>
<th>C/T</th>
<th>T/T</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>23 (46.9%)</td>
<td>21 (42.8%)</td>
<td>5 (10.2%)</td>
<td>49</td>
<td></td>
</tr>
<tr>
<td>Patient</td>
<td>11 (23.9%)</td>
<td>24 (52.1%)</td>
<td>11 (23.9%)</td>
<td>46</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>34 (35.8%)</td>
<td>45 (47.3%)</td>
<td>16 (16.8%)</td>
<td>95</td>
<td></td>
</tr>
</tbody>
</table>

The frequency of T/T allele in the breast cancer patients is higher than that observed in the normal controls. On the other hand, the C/C allele is at lower frequency than that in the normal controls. The result of the Chi-square testing of genotypes in the studied groups; Showed statistically significant difference among the groups (P = 0.039 Exact Fisher test).

Figure 3 shows the result of the enzymatic digestion of the HOTAIR gene. The wild HOTAIR allele has a 226bp while the heterozygous variant has 226, 166, and 60bp bands while the homozygous variant has two bands of 166 and 60 bp, respectively.

Table I shows the distribution of the HOTAIR gene genotypes in control subjects and patients with breast cancer. The breast cancer patients group had 23.9% CC, 52.1% CT, and 23.9% TT genotypes, while the control group had 46.9% CC, 42.8% CT, and 10.2% TT.

There was a significant difference in the distribution of different alleles in patients with breast cancer than normal subjects (P = 0.039 Exact Fisher test). The T/T genotype was frequently observed in breast cancer patients, while C/C genotype had lower frequency in patients than in healthy controls. Different genotypes were not associated with tumor size, nodal status, staging, metastasis, molecular intrinsic subtypes, or grade of breast cancer. Serum Nestin level was not correlated with different genotypes of HOTAIR gene SNP rs12826786 (data not shown).

Discussion

Nestin is considered a marker of stemness and has been linked to the proliferation of cancer stem cells and poor prognosis (10, 11, 13). It is worth noting that Nestin was also thought to be abundantly expressed in regenerating areas and in endothelial cells (EC), and thus has been regarded as a marker of angiogenesis and proliferation associated with tumors. However, this dogma of Nestin being a marker of proliferation has been challenged by a recent study by Dusart et al. (15), where they demonstrated that the inhibition of expression of Nestin through siRNA led to a proliferation of endothelial cells. Also, they reported high expression of Nestin in EC across several organs among them was the breast, challenging the previous knowledge of the restricted expression and stemness of Nestin. Furthermore, they observed a lower expression of Nestin in EC of bladder urothelial carcinoma and lung adenocarcinoma tissue than in corresponding normal tissue, further demonstrating that Nestin is not associated specifically with EC of tumors (15).

In agreement of the aforementioned recent study observations by Dusart et al. (15), our study found a significantly lower serum Nestin values in breast cancer group compared to the control group, with a cut-off of 39.9 pg/mL representing the best value for discriminating patients with breast cancer from normal women, where, lower Nestin values were found to be associated with increased probability to cancer. This cut-off value had a sensitivity of 84.8% and specificity of 65.1%.

This finding is in agreement with Krüger et al. (36), who found significantly lower Nestin expression in breast cancer tissues of patients. They observed Nestin positivity in only 9–28% of studied hospital breast cancer patients. They hypothesized that increased Nestin expression is only limited to cases of basal intrinsic subtype that are highly undifferentiated and associated with Cytokeratin, P-cadherin, and EGFR staining (36).

Up to our knowledge, this study is the only study so far evaluated serum Nestin in a cohort of breast cancer patients.

The current study also found a significant association between the HOTAIR rs12826786 C>T polymorphism and breast cancer in Egyptian women. There was an increased percentage of the homozygous T/T allele in Egyptian women affected with breast cancer. Several studies reported the association between HOTAIR gene polymorphism and different diseases (22–24). The finding of the current study is concordant with those of Bayram et al. (37), who reported the significant association between the HOTAIR rs12826786 C>T polymorphism and breast cancer in Turkish patients (37). Similarly, a recent Iranian study reported similar findings in an Iranian cohort of breast cancer patients (38). HOTAIR gene function includes the control of different processes in cell proliferation and cell cycle control. Given that HOTAIR rs12826786 C>T polymorphism leads to higher expression of HOTAIR (27) thus, the presence of the homozygous variant allele might be a predisposing or susceptibility factor for the development of breast cancer through enhancement of proliferation.

The current study did not report any association between the HOTAIR rs12826786 C>T polymorphism and serum Nestin.

In essence, the current study is the first of its kind to shed light on the pattern of serum Nestin in a
specific cohort of Egyptian patient affected with breast cancer. The study also specified a cut-off value of 39.9 pg/mL serum Nestin to discriminate patients affected with breast cancer from normal subjects. Furthermore, the study evaluated the HOTAIR rs12826786 C>T polymorphism in a sample of Egyptian patients.

The shortcomings of the current study involve a small number of patients studied in the breast cancer patient group. Future work will concentrate on reproducing the reported results in a bigger cohort of the breast cancer group to investigate serum Nestin and HOTAIR gene polymorphism in different subgroups of breast cancer patients according to their histopathological and molecular subtype.

**Conflict of interest statement**

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### References


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